



### Weekly Newsletter Friday September 22nd 2023

#### Message from the Headteacher

This week our assembly focused on our William Davis learning behaviours. Children were reminded about effective partner talk and group discussion; the no hands up approach to encourage all children to be ready to contribute; and whole body listening. Children have also been working on excellent presentation & handwriting.

#### Stars of the Week



**Imana Yr 2** for being incredibly helpful to others, particularly in DT.

**Fabbiha Yr 5** for great partner work and shared problem solving this term.

**Sameeha Yr 4** for her enthusiasm and engagement on the Yr 4 Thames River trip.

**Year 6 PGL children** for demonstrating the WD Secret of Success- Trying New Things

#### Attendance

N- 89%  
R- 98%  
1- 99%  
2- 98%  
3- 99%  
4- 93%  
5- 100%  
6- 99%

Well done to **Yr 5** for achieving **100%** attendance last week. Well done as well to Rec, Yr 1, Yr 2, Yr 3 and Yr 6.

#### Book Amnesty

Please return all school books to the class next week so that the book corners can be stored. There are lots of books missing.

#### Is My Child Too Ill for School?

Please refer to these NHS guidelines when thinking about whether your child can go to school.

We need to reduce unnecessary absences from school.

[Is my child too ill for school? - NHS](#)

#### Blue Whale

“Blue Whale is an online ‘challenge’ which started in 2016. It consists of a series of tasks assigned to players by administrators over a 50-day period, initially causing no harm but then gradually becoming more harmful.

There are indications that this has resurfaced and there is a recent link that a child was playing this game and received threats of violence. The snapchat usernames and Instagram usernames are BlueWhaleGame2023 and it has the same logo as previous versions.

There is no current evidence that children in Tower Hamlets are using this ‘challenge’, but we would like parents to be aware of the threat of Blue Whale.

#### Parent Sessions

**Coffee Morning** on Wednesdays 9-10 am in the Parents Rm run by Yasmin- all welcome

**Toy Library** Thursdays Hoyam and Dilara

**Felix Food Project** Friday 2:30-3:30 run by Yasmin, Hoyan , Muna.

We are very grateful for the time and energy that our parent volunteers offer the school.

#### FROZEN

Information for parents attending:

- Please collect tickets from the office from Monday 25th September.
- The show starts at 2.00, the group from school will leave school at 12.45/1.00 pm after lunch.
- Parents can use a card or Oyster card for tube travel, children can travel for free with Adult.
- Direction: walk from William Davis School to Bethnal Green Tube Station. Central line from BG to Holborn. 10 mins walk from Holborn to Theatre Royal, Drury Lane.
- Children should have comfortable shoes to walk in.

#### Oracy Target

This week children have been working on:  
*I can focus on a talk task with my partner or group without getting distracted.*

Please remind children at home to concentrate when working in a talk pair or group.

#### WD Wrap Around Care

Wrap Around Care ( childcare) is available for all children. Contact Bhumi or Ridhwan on the admin email if you want to book sessions. All information is on the website:

[William Davis' Wraparound Care](#)

#### Violence Against Women and Girls (VAWG) Team

The VAWG team are asking parents to complete this survey to inform their strategy: Here is the link to the online survey:

<https://forms.office.com/e/TUg7NsuNMZ>

Please complete by October 10th.

#### Important dates

##### Autumn term 2023

**Thurs 28th Sept pm** Frozen trip

**Wed 4th Oct** Managing Conflict mtg for parents

**Tue 17th Oct 1:30- 6:30 pm** Parent Conferences( school closed from 1:30)

**PSHE/ Online Safety meetings:**

**Oct 16th** 9:00 Yr 1 ; 2:45 Yr 2

**Oct 17th** 9:00 Yr 4

**Oct 18th** 9:00 Yr 3 ; 2:45 Yr 5

**Oct 19th** 9:00 Yr 6

**Mon 23rd Oct** half term holiday

**Mon Oct 30th** school starts

**Mon Oct 30th - Fri Nov 3rd-**

Magdalen Farm Yr 5

**Thur 14th Dec** - Winter Fayre/

Festival of Triangles

**Fri 22nd Dec** last day of term close 1:30 pm

#### PSHE/ Online Safety meetings

Please put these dates below in your diary. We will share the PSHE curriculum coverage and have a brief discussion about Online Safety at home.

**Oct 16th** 9:00 Yr 1 ; 2:45 Yr 2

**Oct 17th** 9:00 Yr 4

**Oct 18th** 9:00 Yr 3 ; 2:45 Yr 5

**Oct 19th** 9:00 Yr 6

### Road Safety

Please can you take good care of your children as you walk to and from school. They need supervision crossing roads. If you drive to collect your children, please park away from the gate to ensure our community of children are safe.

### Online Safety

Keeping children safe online is our joint responsibility. Make sure that you have parental controls in place; and that you know the sites and Apps that your children use. Check the school's online safety policy on the website. [Safeguarding and Child Protection - WILLIAM DAVIS PRIMARY SCHOOL](#)

We will be discussing Online safety at our Parent Mtgs in October. See dates

Oct 16th 9:00 Yr 1 ; 2:45 Yr 2  
Oct 17th 9:00 Yr 4  
Oct 18th 9:00 Yr 3 ; 2:45 Yr 5  
Oct 19th 9:00 Yr 6



### Year 4 & 5 Parents Magdalen Farm

Please return the letter for Magdalen Farm next week. We want all children to attend. This is at no cost to families- such a great opportunity.

### Uniform Stall

Look out for the monthly uniform stall on a Friday afternoon run by parents, Hoyam and Dilara

### Birthday Treats

We have made a decision to ask parents **not to bring sweets etc for sharing on birthdays**. This primarily due to the additional pressure it adds to the day and hometime routines.

## POETRY BY HEART

### Upon The Snail (1686) John Bunyan

She goes but softly, but she goeth sure,  
She stumbles not as stronger creatures do;  
Her journey's shorter, so she may endure  
Better than they which do much farther go.

She makes no noise, but stilly seizeth on  
The flower or herb appointed for her food,  
The which she quietly doth feed upon,  
While others range and gare, but find no good.

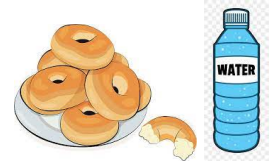
And though she doth but very softly go,  
However 'tis not fast, nor slow, but sure;  
And certainly they that do travel so,  
The prize they do aim at, they do procure.



**Fathers and Male Carers  
Fathers Football** at Thomas Buxton Thursday mornings - see Russell.

### Sweets and Snacks

Please can I ask parents to help us promote healthy eating habits. If you want your children to have a snack at home time - **bring some fruit or a bagel**. Please avoid sweets, crisp etc that are high in sugar and fat. Please encourage water or milk.



### Reading for Pleasure

Are you a member at the Whitechapel Ideas Store? Why not join this weekend and be a regular visitor to borrow books for you and your children. Check out the website:

[Idea Store Whitechapel](#)



# William Davis Primary School



To be the best you can be



Produced by The Lucy Faithfull Foundation for Internet Safety seminars delivered in schools.

**swiggle.org.uk**  
A fun, safe, child friendly Key Stage 2 website

**Swiggle**

[www.swiggle.org.uk](http://www.swiggle.org.uk)

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

**Thinkuknow**

[www.childline.org.uk](http://www.childline.org.uk)

**ChildLine**

0800 1111

**Websites to help you keep safe online!**

**CBBC**

**CBBC**

Stay safe with quizzes and facts

[www.bbc.co.uk/cbbc/topics/stay-safe](http://www.bbc.co.uk/cbbc/topics/stay-safe)

**KidSMART**

**KidSMART**

Learn to be a **smart** surfer!

[www.kidsmart.org.uk](http://www.kidsmart.org.uk)

**KidScape**

Look out for the 'Don't Bully Me!' Guide and Bully Pack to help you if you are being bullied

**kidscape**

preventing bullying. protecting children

[www.kidscape.org.uk](http://www.kidscape.org.uk)



## 10 INTERNET SAFETY TIPS FOR PARENTS

**1** Don't block all access to technology. Help your child learn to use tech **safely** and **positively**.

**2** Take an **interest** in your child's favourite apps or sites. Co-view or co-create at times.

**3** Be the parent. You're in charge. Set **boundaries** and consider using filtering software.

**4** Create a family media **agreement** with tech free zones such as cars, bedrooms, and meals.

**5** Teach your child what **personal information** they should not reveal online (YAPPY acronym).

**6** Help your child learn to **filter** information online and navigate fact from fiction.

**7** Navigate digital **dilemmas** with your child. Avoid using devices as rewards or punishments.

**8** **Balance** green time and screen time at home. Focus on basic developmental needs.

**9** Don't support your child to sign up for sites with **age restrictions** (e.g. 13+) if they're underage.

**10** **Learn more:** Explore reliable resources for parents so you can educate yourself.

## Triggers that make your asthma symptoms worse:



Asthma/Wheeze Newsletter  
World Asthma Day 2<sup>nd</sup> May 2023  
Triggers Make your asthma symptoms worse



**Breathing in Mould spores** will cause your child to have more wheeze episodes

[Read what you can do](#)

- 1) Make sure you clean away with a mould spray as soon as you see it and paint with a mould paint
- 2) Dry windows and window seals every morning
- 3) Open the windows every day
- 4) Keep your vents open
- 5) keep you heating at 18C Support is available to help with the [cost of living](#).
- 6) dry clothes outside or use tumble dryer
- 7) Allow space to circulate around furniture

If it continues **Report it**

**If your landlord is not acting and you feel it is immediate risk and causing health issues, contact [Environmental Health and Housing](#) Team on 020 7364 5008**

[Make a complaint](#)

[No win no fee](#)

## Exercise and Asthma - Asthma and Lung UK

The article from Asthma and Lung UK highlights the benefits of exercise for children with asthma, by saying that exercise:

- can maintain a healthy weight and build stamina in the lungs, so they get out of breath less.
- boosts the immune system, meaning that children are less likely to get coughs and colds, which would make their asthma worse.
- offers a boost to mood and self-esteem, influencing how they manage their asthma
- helps children feel more confident about their asthma and what is achievable

[Read the article here >](#)

## Clean air day

June 15th was clean air day, but in reality every day should be clean air day. We can all play our part in improving air quality. To find out more about what you can do as an individual to improve air quality for your children please click on the link below where you can find practical tips. The site includes a clean air planner, text alert service to be notified about air pollution levels and information videos.

[Access the LBTH Air Pollution and You website here >](#)

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**To be the best you can be**

