



## WEEKLY NEWS Friday 8<sup>th</sup> February 2019

### Message from the Headteacher

This week was **Children's Mental Health Awareness Week**. On Monday, we had an assembly and thought about how to stay healthy physically and mentally. We learned that to keep healthy mentally, it is essential to eat a healthy diet, get plenty of exercise and sleep well. Children need to have good habits at bedtime: they need to sleep for 9-11 hours every night; go to bed in a cool and dark room; and not use a screen eg IPAD, tablet, iPhone or laptop for an hour before bedtime. We also discussed the connection between our emotions and our bodies, thinking about how we feel physically when we are happy, nervous or angry.



### Star of the Week



#### Fatema Year 1

I was chosen to be **Star of the Week** because I have made a great start at learning English.  
My parents said wow -that is amazing!

### Attendance

Nursery -90%

Reception -92%

Yr 1—94%

Yr 2— 93%

Yr 3— 99%

Yr 4—95%

Yr 5—98%

Yr 6- 95 %

Well done to Yr 3 -99%

### Toy Library

9:00—10:30 every Tuesday

### Coffee Morning

Wednesdays 9:00-10:30 am-  
all welcome.

### WD Play Afterschool Care

To book a place contact Forida on  
[admin@williamdavis.towerhamlets.sch.uk](mailto:admin@williamdavis.towerhamlets.sch.uk)

Wb 11.02.19: Chinese New Year

### Communication Driver

We are developing our vision for  
**excellent communication.**

**We have noticed that children have made a great improvement in being polite and respectful to adults.**

**This week we are focusing on all children developing skills to -be polite and respectful; and listen and respond to each other.**

Please help us to achieve this by encouraging your children to talk to their friends and peers politely.

### Year 6 Parents Meeting

If you were unable to attend the Yr 6 parents meeting you will be able to find the PowerPoint on the Home page of the website. It has many useful links to sites that may help you support your child's learning.

Most importantly ensure your child comes to school having had **a good night's sleep and a good breakfast.**

### Safeguarding

It is timely to remind all parents of our safeguarding duty to children. We will organise a meeting in March to share our systems with parents.

### Medicines

Please ensure that medicines held by the school for your child are in date. This is your responsibility as parent. See the office staff if you need to update or check a medicine.

### Parent Governors

Thank you to all of the parents who came to meet Chris and Di this week. Charlotte will be in touch with you about the election.

### Important Dates

**Thur 14<sup>th</sup> Feb-** International Evening-  
**postponed**

**Mon 18th Fri 22nd Feb 2019-**Half term holiday

**Thurs 4<sup>th</sup> April 2:30-** open afternoon

**Fri 5th April 2019 -**School finishes

**Mon 8th April to Mon 22nd April 2019**

Easter holidays

**Tue 23rd April 2019** School starts

**Mon 27th -Fri 31st May 2019** Half term holiday

**Fri 19th July 2019** School finishes

### French Lessons

We hope to run a French club after half term. If you are interested, please complete the letter on the back of this newsletter.

### Encountering Faiths & Beliefs

This week children in Yr 4,5 and 6 had the opportunity to meet a panel of visitors from different religions and faith backgrounds. They were able to explore similarities and differences in their beliefs.

### EYFS Admissions Sept 2019

**The deadline for Nursery applications:**  
17<sup>th</sup> February 2019. See Forida if you have missed the Reception deadline 15<sup>th</sup> January or if you want help with the Nursery application.