Creative project WB 1.6.20

Monday 1st June 2020: Science

Look at your timetable to see what you need to do.

This is what I made the other day for lunch at home. My dish has pasta (carbohydrates), beef (protein), tomatoes and rocket (vegetables) and parmesan cheese (diary). **Do you think my lunch was healthy? Why or why not?** Have a go at making dinner with your family, thinking about what food groups you can see.

****

Tuesday 2nd June 2020: Science

Draw your healthy meal here and label it. Remember your different food groups.



I know my meal is healthy because…

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Wednesday 3rd June 2020.

Map of my bedroom

Thursday 4th June 2020. ‘Thank you, NHS,’ example posters.





